

2022-2023 Calumet County 4-H Foods Education Opportunities

Project Boxes will be offered using separate registration forms, at different times of the 4-H Year. These will be emailed out and included in future 4-H Newsletters.

Pumpkin Pie From Scratch

Saturday, October 29th - Chilton High School Foods Lab

Grade: 6-13

Cost: \$5

Members will Learn:

- How to take a pumpkin and make your own puree
- How to mix and roll out a pie crust from scratch
- How to make a pumpkin pie

French Macarons

Thursday, November 17th 5:30-8:30pm - Calumet County Courthouse

Grade: 6-13

Cost: \$5

Members will Learn:

- How to mix and pipe a macaron to make the shells
- How to mix the filling
- How to decorate or embellish a macaron
- There may be a little french lesson from County Administrator, Todd Romenesko, who will be leading this session

Christmas Cookies & Candies

Saturday, November 26th 9am-1pm - Chilton High School Foods Lab

Grade: 3-13

Cost: \$10

Members will Learn:

- How to make a variety of cookies and candies
- The proper way to read a candy thermometer
- Tips and tricks when making holiday cookies and candies

Holiday Project Box - Cookies & Candies

***Please use separate registration form*

Grade: All

Cost: \$10

Members will Learn:

- *How to make a variety of cookies and candies*
- *How to make your own royal icing, and there may be a virtual session on how to use royal icing to decorate your cookies.*

Festive Food, Fun 4-H Project Box

***Please use separate registration form*

Food, Fun, 4-H is an at-home cooking program that unites families in the kitchen and at the dinner table. This program gets young people in the kitchen and provides experience preparing home-cooked meals, trying new foods, encouraging family time, developing communications skills and having fun!

Grade: All

Cost: \$10

Members will Learn:

Everyone celebrates the holiday season differently, which is how we get family traditions. The best part of family traditions is that those traditions are yours. One thing we can all share during the holiday season is being thankful, generous, and expressing our gratitude.

- *Tips for preventing burns*
- *How to make some easy holiday crafts*
- *How to make a variety of holiday foods including snacks, cookies, soup and more!*

Cloverbuds - Making Muffins

Saturday, January 21st - 9am-12pm

Cost: \$5

Members will Learn:

- How to read a recipe
- Kitchen safety
- The difference between measuring dry and wet ingredients
- What muffins should look like when they are done baking
- How the ingredients work together to make the muffins

Cheesecake

Saturday, February 4th - Chilton High School Foods Lab

Grade: 3-13

Cost: \$10

Members will Learn:

- Basic New York Style Cheesecake

- Make a mini cheesecake to gift to Mom for mother's day
- Difference between no-bake cheesecake and baked cheesecakes
- How can you add different ingredients and flavorings
- Creativity and variations

Cake Decorating 102

Tuesday, March 21st 6-8pm - Calumet County Courthouse

Grade: 3-8

Cost: \$10

Members will Learn:

- The proper way to hold the spatula
- Making a crumb coat
- How to layer a cake & frost a layered cake
- How to make a drip layer on a cake

Food, Fun, 4-H:Meats Project Box

Food, Fun, 4-H is an at-home cooking program that unites families in the kitchen and at the dinner table. This program gets young people in the kitchen and provides experience preparing home-cooked meals, trying new foods, encouraging family time, developing communications skills and having fun!

***Please use separate registration form - will also count towards a Market Animal Education session*

You pick your box choice:

- *Beef*
- *Chicken*
- *Pork*

Cost: \$10

Members will Learn:

- *Cooking meat safety, including how to store, thaw, and the safe internal temperatures*
- *Basic cooking techniques and terms*
- *Cook a full meal as a family, while learning some new skills in the kitchen and possibly trying some new foods!*

Bagels, Pretzels & Spreads

Saturday, March 4th 9am - 1pm

Grade: 3-13

Cost: \$10

Members will Learn:

- How to make yeast dough to make bagels and pretzels

- Kneading and shaping for yeast dough
- How to make spreads to go with bagels and pretzels

Fondant Cupcakes

Tuesday, April 11th 6-8pm - Calumet County Courthouse

Grades: 3-13

Cost: \$10

Members will Learn:

- How to decorate cupcakes using fondant, instead of a cake

Advanced Muffins

Saturday, April 22nd

Grade: 6-13

Cost: \$5

Members will Learn:

- How to take a basic muffin recipe and liven up the recipe with crumble and streusel toppings, fillings, and more!
- The difference ingredients can have on muffin flavor and texture such as the different types of milk or using sour cream.

Brownies from Scratch

Saturday, May 13th 9am-12pm

Grade: 3-8

Cost: \$5

Members will Learn:

- Tempering chocolate using a double boiler
- How to mix different types of brownies from scratch

Save the Date - Foods Review & Meal Planning Day

Saturday, June 10th

Grade: All

Cost: Free

Back by popular demand - Members will have the opportunity to create their own sample Meal Day Exhibit including a recipe, menu, table setting, centerpiece, and table serving. Members should be able to set their display up independently, and explain how he or she planned or prepared the meal.

We will also have a Foods Review, so please be on the lookout for more information on this fun event that is making a comeback!

2022-2023 Calumet County 4-H Foods Education Opportunities Registration Form

Registration is due one week before the workshop date or until the workshop fills up. We ask that each member only sign up for 3 sessions to start with to help ensure more youth are able to participate in the Foods Education Sessions since each one has limited space. If 1-2 weeks before and we still have space, we will open it up to youth who are already signed up for their three sessions.

Youth Name: _____

Email: _____

Daytime Phone Number: _____

Please check the Foods Project Workshops you would like to participate in. Space is limited for each workshop. When finished, fill out the total amount. Payment is required at registration.

	<u>Cost</u>
<input type="checkbox"/> October 29 - Pumpkin Pie from Scratch	\$5
<input type="checkbox"/> November 17 - French Macarons.	\$5
<input type="checkbox"/> November 26 - Christmas Cookies & Candy	\$10
<input type="checkbox"/> January 21 - Making Muffins	\$5
<input type="checkbox"/> February 4 - Cheesecake	\$10
<input type="checkbox"/> March 4 - Bagels, Pretzels & Spreads	\$10
<input type="checkbox"/> March 21 - Cake Decorating 102	\$10
<input type="checkbox"/> April 11 - Fondant Cupcakes	\$10
<input type="checkbox"/> April 22 - Advanced Muffins	\$5
<input type="checkbox"/> May 13 - Brownies from Scratch.	\$10

Total Enclosed: _____

Make checks payable to: **Calumet County 4-H Leaders Council**

Send this form and check to:

Extension Office, 206 Court Street, Chilton, WI 53014
920-849-1450