

Activity Lesson: WHAT IS FUN FOR ME?



Learning Objective: 4-H members will...

- Identify what types of activities they think are fun.
- Understand that different types of activities are fun for different people in their club.

Optional Supplies: Rope, "Lots of Fun"/"No Fun" Signs

Time: 5-10 minutes

Prep Ahead: If it would be helpful to your group to visualize the opinion line, you can make "Lots of Fun" and "No Fun Signs," and even lay out a long rope for members to stand along.

Step One: Explain that... "Different types of activities are fun for different people. Today we are going to do an activity to find out what types of recreation the members in our 4-H club like."

Step Two: Explain how the activity works to the youth. "This line (using rope, tape, or your imagination) represents how you feel about how fun different types of recreation activities are to you. This end of the line (point to one end) is the 'Lots of Fun' end of the line and this end of the line (point to the other end) is the 'No Fun' end of the line. The middle of the line is 'Neutral/OK.' I will read a type of recreation and you need to place yourself on the line depending how fun you think this activity is."

- *Emphasize that there are no "right" or "wrong" responses to these activities, or...there is no "right" or "wrong" place to stand on the line.*

Step 3: Once everyone understands the directions, move on to reading the different types of recreation activities listed below. After each type of recreation, have everyone look around to see how others felt about the activity.

- Icebreaker Games
- Singing (like camp songs)
- Energizer / Silly Games
- Eating
- Teambuilding Games
- Playing an Instrument
- Sports
- Nature Activities
- Parties
- (Other Ideas...)

Step 4: Talk It Over

- *What did you learn about the types of activities that other members think are fun?*
- *How can we make sure that EVERYONE has fun at our 4-H meetings?*
- *What fun recreation activities would you like our 4-H club to do in the future?*

Developed by Ellen Andrews, 4-H Youth Development Educator, Calumet County, October 2011.

Lesson and activities adapted from: "How to Have Fun" by Linda Kustka, Professor Emeritus, Department of Youth Development, and Sue Pleskac, Volunteer Leadership Specialist, UW-Extension; "Rainy Day Kit & Icebreakers" by Dawn Kuelz, Door County UW-Extension; "Kill it While It's Kickin'!: Games and Activities for Learning and Fun!" by Ellen Andrews, Calumet County UW-Extension, and René Mehlberg and Dan Teuteberg, Winnebago County UW-Extension.



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